

## CURRICULUM VITAE

***Stephen Louis Kollias, M.D.***

### **OFFICE ADDRESS:**

**Orthopaedics Indianapolis, P.C.**  
8450 Northwest Blvd.  
Indianapolis, IN 46278  
(317) 802-2000

### **EDUCATION**

#### **FELLOWSHIP**

**Southern California Orthopaedic Institute, Van Nuys, California**  
Shoulder, Sports Medicine & Arthroscopy Fellowship  
August 1994 - August 1995  
Fellowship Chairman: Richard D. Ferkel, M.D.

#### **RESIDENCY**

**Indiana University Medical Center, Indianapolis, Indiana**  
Orthopaedic Surgery Internship and Residency  
1989 - 1994  
Department Chairman: G. Paul DeRosa, M.D.

#### **MEDICAL COLLEGE**

**University of Chicago Pritzker School of Medicine Chicago, Illinois**  
  
Doctor of Medicine  
1985 - 1989

#### **UNDERGRADUATE**

**Butler University, Indianapolis, Indiana**  
Bachelor of Science, Zoology Major  
1981 - 1985

### **EMPLOYMENT**

**Orthopaedics Indianapolis, P.C.**  
April 1999-Present

**Associated Orthopaedic Surgeons, Inc.**  
541 Clinical Drive, Room 600  
Indianapolis, IN 46202-5111  
(317) 274-8318  
October 1995 - March 1999

**Indiana University School of Medicine, Faculty Position**  
October 1995 - March 1999

### **HONORS**

1983

Phi Kappa Phi Honor Society, Butler University

1984	Hilton U. Brown Award, Outstanding Student Athlete, Football, Butler University
1984	NCAA /GTE Academic All America, Football, First Team Defensive End
1984	Academic All Heartland Conference, Football, First Team Defensive End
1984	All Heartland Conference, Football, First Team Defensive End
1984	Honorable Mention All America, Football, Defensive End
1984-1985	Heartland Conference Tony Hinkle Award Nominee, Outstanding Athlete
1985	NCAA Postgraduate Scholarship
1985	Robert H. Egbert Scholarship Award for Graduate Career in the Medical Arts
1985	Corrine Welling Fellowship Award for Graduate Career in the Medical Arts
1985	Cum Laude in Zoology
1985	Michael Chapman Award for Graduate Medical Education
1985-1989	University of Chicago Medical School Alumni Committee
1987-1989	Pritzker Dean's Committee, University of Chicago
1992-1994	Indiana University Residency Education Committee
1993	Garceau-Wray Lecture "Outstanding Presentation Award"
1998	"Top Doctor's Award" Sports Medicine, Indianapolis Monthly

#### **LICENSURE**

Indiana - #01041208  
Indiana State Boxing Commission - #6486

#### **MEMBERSHIPS**

Member American Academy of Orthopaedic Surgeons  
Member American Orthopaedic Society for Sports Medicine  
American Medical Association  
Arthroscopy Association of North America  
Indiana Medical Society  
Indianapolis Medical Society  
St. Vincent Sports Medicine

#### **EXPERIENCE**

##### **ATHLETIC TEAM COVERAGE**

2005-Present	Indiana Fever (WNBA) - Team Physician
2005-Present	Butler University Athletics - Team Physician
2004-Present	Zionsville Community High School Athletics – Team Physician
2000-Present	Marian University Athletics – Team Physician
2000-2004	Plainfield High School Athletics
2002	World Basketball Games, Indianapolis, IN, 2002
2001	Big 10 Women's Basketball Championship, Indianapolis, IN
2001	World Police & Fire Games, Indianapolis, IN
1997-2000	Indiana University - Purdue University at Indianapolis (IUPUI), Men and Women's Soccer, Swimming and Tennis

1997-2000	Indianapolis Public School and Middle School Program Team Physician for 16 schools in Indianapolis Public School System. Covering both boys and girls sports (10 different girls & boys sports including football coverage)
1998	John Hancock USA Gymnastics Championships, Indianapolis, IN
1997-1998	NCAA Indoor Track & Field Championships
1997	USA Track & Field Championships, Indianapolis

### **TEACHING EXPERIENCE**

1996-Present	Arthroscopy Association of North America, Master's Shoulder Course
1994-1998	Arthroscopy Association of North America, (Instructor), Fall Course
1995	Arthroscopy Association of North America, Master's ankle Arthroscopy Course, Instructor, Orthopaedic Learning Center, Chicago, IL
1995	AOSSM Shoulder Tutorial, Instructor, Van Nuys, CA
1992-1994	Orthopaedic Physical Diagnosis, Instructor, Indiana University
1992	Hand Care Lab Instructor, Indiana Hand Center

### **ADMINISTRATIVE (Current):**

OI Marketing Committee, Chairman  
 OI Medical Executive Committee, Secretary  
 Holy Trinity Greek Orthodox Church – Parish President

### **CURRENT PROJECTS**

Functional Outcomes of Anterior Cruciate Ligament Reconstruction Using Low Dose-Low Temperature Irradiated Tibialis Anterior Tendon Allografts

Outcomes of an all Arthroscopic Massive Rotator Cuff Tear Repair Using a Novel Technique

### **PUBLICATIONS**

“Treatment of Isolated Medial Collateral Ligament Injuries in Athletes with Early Functional Rehabilitation. A Five Year Follow-up Study.” Bruce Reider, M.D.; Michael Sathy, M.D.; James Talkington, M.D.; Nestor Blyznak, M.D.; and Stephen L. Kollias, M.D. Published in ***The American Journal of Sports Medicine, July/August, 1994.***

“Biceps Tenodesis for Refractory Tendinitis of the Long Head of the Biceps Brachii.” Stephen J. Snyder, M.D. and Stephen L. Kollias, M.D. In Vastamaki M.; Jolavaara, P. (eds.): ***Surgery of the Shoulder - Proceedings of the 6th International Congress on Surgery of the Shoulder.*** Elsevier, Amsterdam, 1999, pp. 123-133.

“Internal Fixation of Scaphoid Fractures and Early Return to Sport.” Arthur C. Rettig, M.D. and Stephen L. Kollias, M.D. ***The American Journal of Sports Medicine, March/April 1996.***

“Meniscal Repair: Where Do We Go From Here?” Stephen L. Kollias, M.D. and James M. Fox, M.D. ***Clinics in Sports Medicine, edited by Orrin Sherman July 1996.***

“Fibular Grooving for Recurrent Peroneal Subluxation - An Average of 6 Years Follow-up” Stephen L. Kollias, M.D. and Richard D. Ferkel, M.D., ***The American Journal of Sports Medicine, May/June 1997***

“Labral Tears.” Stephen J. Snyder, M.D. and Stephen L. Kollias, M.D. In: ***Diagnostic and Operative Arthroscopy***, edited by James Andrews, M.D. and Laura Timmerman, M.D., 1997, pp. 115-124.

“Tumors the Arthroscopist May Encounter”, Stephen L. Kollias, M.D. and Bruce T. Rougraff, M.D., ***Current Opinions in Orthopaedics***, December 1997, pp. 71-78.

“Ganglion Cyst of Shoulder: Etiology, Identification, & Treatment”, Stephen L. Kollias, M.D., ***Current Opinions in Orthopaedics***, In Press.

“Calcaneal Lengthening for Painful Pes Planus in Children”, Stephen L. Kollias, M.D. and Thomas F. Kling, M.D. Submitted for publication.

“Results of Scaphocapitate Arthrodesis”. Stephen L. Kollias, M.D.; Thomas J. Fischer, M.D.; Richard S. Ilder, M.D. and Hill Hastings III, M.D. Submitted for publication.

“Cryopreserved Meniscal Allografts: ‘Second Look’ Arthroscopy for Evaluation of Healing Potential”, Stephen L. Kollias, M.D. and Wilson Del Pizzo, M.D. Submitted for publication.

“Arthroscopic Reconstruction of Isolated Anterior Cruciate Ligament Tears: A Comparison of the Patellar Tendon and the Double Loop Semitendinosus/Gracilis Autografts.” Charles M. Ruland, M.D.; Marc J. Friedman, M.D.; Stephen L. Kollias, M.D. and James M. Fox, M.D. Submitted for publication.

“Treatment of Isolated Tibial Spine Fractures Associated with Anterior Laxity in Adults.” Stephen L. Kollias, M.D.; Charles D. Van Meter, M.D.; K. Donald Shelbourn, M.D. and John R. McCarroll, M.D.

## **PRESENTATIONS**

### **NATIONAL**

#### **“Outcomes of Arthroscopic Round the Clock Labral Tear Repair”**

Southern California Orthopaedic Institute Reunion at AAOS  
Chicago, IL 7/11/2013

#### **“Calcaneal Lengthening for Painful Pes Planus in Children.”**

American Academy of Orthopaedic Surgeons  
New Orleans, LA, February, 1994

Mid-America Orthopaedic Association  
Hilton Head, SC, April, 1993

American Orthopaedic Association Annual Resident Meeting  
Seattle, WA, March, 1993

Garceau-Wray Alumni Lectures  
Indianapolis, IN, November, 1993  
“Best Presentation Award”

**“Internal Fixation of Scaphoid Fractures and Early Return to Sport.”**

American Orthopaedic Society for Sports Medicine  
Palm Desert, CA, March, 1994

American Orthopaedic Assoc. Annual Resident Meeting  
Atlanta, GA, March, 1994

Garceau-Wray Alumni Lecture  
Indianapolis, IN, November, 1993

**“Results of Scaphocapitate Arthrodesis”**

Mid-America Orthopaedic Association  
South Hampton, Bermuda, April, 1994

American Orthopaedic Association Annual Resident Meeting  
Seattle, WA, March, 1993

**“Treatment of Isolated Tibial Spine Fractures Associated with Anterior Laxity in Adults”**

American Orthopaedic Association Annual Resident Meeting  
Atlanta, GA, March, 1994

**“Endoscopic ACL Utilizing Endo Button”**

Arthroscopy Association of North America Meeting  
Palm Desert, CA, 1994

**“Endoscopic ACL Bone - Patellar Tendon”**

Arthroscopy Association of North America Meeting  
Palm Desert, CA, 1994

**“Isolated Subscapularis Tendon Injuries: Diagnostic and Surgical Treatment”**

Stephen L. Kollias; Stephen J. Snyder, M.D. Arthroscopy Association 15<sup>th</sup> Annual Meeting, Washington, D.C. 1996

**“Large Bursal Sided Flap Tears of the Supraspinatus Tendon: Magnetic Resonance Imaging for Diagnosis and Their Arthroscopic Management.”**

Stephen L. Kollias, M.D.; Stephen J. Snyder, M.D.; Charles M. Ruland, MD.  
The 2nd World Congress on Sports Trauma /AOSSM 22nd Annual Meeting, Orlando, FL, July 1996.

Garceau-Wray Lecture October 1998.

**“Fibular Grooving for Recurrent Peroneal Subluxation - An Average of 6 Years Follow-up.”**

Stephen L. Kollias, M.D. and Richard D. Ferkel, M.D.  
Southern California Orthopaedic Institute 4th Annual Fellows' Day

Van Nuys, CA, June 1995,

Garceau-Wray Lectures  
Indianapolis, IN, November 1995

American Orthopaedic Society for Sports Medicine,  
Orlando, FL, 1996.

**“Cryopreserved Meniscal Allografts: “Second Look” Arthroscopy for Evaluation of Healing Potential.”**

Stephen L. Kollias, M.D. and Wilson Del Pizzo, M.D.  
Southern California Orthopaedic Institute 4th Annual Fellows Day  
Van Nuys, CA, June 1995

American Orthopaedic Society for Sports Medicine  
Orlando, FL, 1996.

**“Arthroscopic Reconstruction of Isolated Anterior Cruciate Ligament Tears: A Comparison of the Patellar Tendon and the Double Loop Semitendinosus/Gracilis Autografts.”**

Charles M. Ruland, M.D.; Marc J. Friedman, M.D.; Stephen L. Kollias, M.D. and James M. Fox, M.D.  
Southern California Orthopaedic Institute 4th Annual Fellow’s Day  
Van Nuys, CA, June 1995

The Arthroscopy Association 15th Annual Meeting  
Washington, D.C., 1996.

**REGIONAL**

**“Sports Medicine Discussion Panel”**

Indiana Orthopaedic Society Meeting  
South Bend, IN 4/19/2013

**“Shoulder Injuries and Their Treatments”**

Pfizer Conference  
Indianapolis, IN 9/25/2012

**“Arthroscopic Management of Shoulder Instability”**

Garceau-Wray Lectures  
Indianapolis, IN October 1998

**“Upper Extremity Injuries”**

Occupational Medicine for Primary Care Providers  
Indianapolis, IN October 1998

**“Shoulder Injuries in the Pediatric Athlete”**

33rd Annual Childcare Conference  
Indianapolis, IN May 1998

**“Strength Training in the Pediatric Athlete”**

33rd Annual Childcare Conference  
Indianapolis, IN May 1998

**“Biceps Tenodesis for Refractory Tendinitis of the Long Head of the Biceps Brachii”**

Stephen L. Kollias, M.D. and Stephen J. Snyder, M.D.  
Southern California Orthopaedic Institute 4<sup>th</sup> Annual Fellows’ Day  
Van Nuys, CA, June 1995

**LOCAL**

“Common Knee and Shoulder Injuries” October 2013

“Shoulder biomechanics, injuries, and treatments” August 2013

“Sideline Fracture Care” July 2013

“Arthroscopic SLAP Repair –Surgical Video Conference,” July 2003

“Common Sports Injuries of the Knee and Shoulder”, November 2002

“Shoulder Injuries in Athletes”, October 2002

“Arthroscopic Rotator Cuff Repair”, April 2002

“Common Upper Extremity Problems”, March 2002

“Office Treatment of Common Shoulder Problems”, March 2002

“Shoulder Instability, SLAPS, MDI, and Bankharts”, January 2002

“ACL Injuries”, September 2001

“Shoulder Injuries in Work Comp Patients”, September 2001

“Evaluation of Knee Pain”, September 2000

“Arthroscopic Management of Multidirectional Instability”, May 2000

“Systematic Evaluation of Shoulder Injuries”, October 1999

“Shoulder Injuries in the Athlete”, August 1999

“Multidirectional Instability of the Shoulder”, August 1999

“Treatment of Segmental Bone Defects”, May 1994

“Anatomy and Surgical Exposures of the Thigh and Knee”, November 1992

“The History of Anterior Cruciate Ligament Reconstruction”, October 1993

“Evaluation and Treatment of Carpal And Distal Radius Fractures”, July 1993

“Uncommon Stress Fractures: Their Diagnosis and Treatment”, June 1993

“Anatomy and Surgical Approaches of the Hip and Gluteal Region”, Nov. 1992

“Total Shoulder Arthroplasty: Indications, Techniques and Results”, Oct. 1992

“Treatment Options in Unicompartamental Arthritis of the Knee”, October 1992

“Fractures About the Knee”, July 1992

“History and Current Management of Calcaneal Fractures”, June 1992

“Current Concepts in the Management of Tibial Pilon Fractures”, December 1991

“Injuries of the Tibial Plateau”, December 1991

“Sprengel’s Deformity: Evaluation and Treatment”, October 1991

“The Klippel Fiel Syndrome”, October 1991

“Radial Clubhand”, October 1991

“Femoral Shaft Fractures in Children. Possible Pitfalls in Treatment”, Oct. 1991

“Tarsal Coalitions”, September 1991

“Anterior Cruciate Injuries: Treatment in the Skeletally Immature Athlete”, Sept. 1991

“Legg-Calve-Perthes Disease”, September 1991

“ARDS and Pulmonary Complication in the Orthopaedic Patient”, February 1991

## **COURSES**

### **Arthroscopy Association of North America Fall Course**

Nashville, TN, November 1997

Palm Desert, November 1998

### **Arthroscopy Association of North America, Advanced Shoulder Course**

June 1996, August 1997\*, October 1998, August 2002\*, January 2002\*, January 2003\*

\*Faculty



**Arthroscopy Association of North America**

Washington, D.C., April 1996

**American Orthopaedic Society for Sports Medicine**

Toronto, Canada, July 1995; Orlando, FL, June 1996; Sun Valley, Idaho, 1997;  
Sun Valley, Idaho, July 2001; Keystone, Colorado, June 2002

**Arthroscopy Association of North American, Master's Ankle Arthroscopy Course**

Chicago, IL, November 1995

**American Academy of Orthopaedic Surgeons**

New Orleans, LA, February 1994; Orlando, FL, February 1995; Atlanta, GA, February 1996;  
San Francisco, CA, February 1997; New Orleans, LA, February 1998; Anaheim, CA, February  
1999; San Francisco, CA, March 2004

**Mid-America Orthopaedic Association**

Hilton Head, SC, April 1993

South Hampton, Bermuda, April 1994

**American Orthopaedic Association Annual Residents Meeting**

Atlanta, GA, March 1994

Seattle, WA, March 1994

**Methodist "Indy 500" Complications in Trauma**

Indianapolis, IN, May 1994

**Midas Rex Instructional Course**

Indianapolis, IN, May 1993

**American Society for the Hand Review Course**

Indianapolis, IN, October 1991

Indianapolis, IN, October 1993

**Southwestern Prosthetics Course**

Dallas, TX, October 1991

**AO Basic Fracture Care Course**

Jackson, MS, October 1990

**Musculoskeletal Pathology "Mini-course"**

Indianapolis, IN, June 1994

**Garceau-Wray Alumni Lectures**

Indianapolis, IN, November 1989 - 1993, 1995, 2004

**Gerald Batman Lectures**

Indianapolis, IN, May 1990 - 1993

**Methodist Sports Medicine Symposium**  
Indianapolis, IN, May 1992

**RECREATION/HOBBIES**

Taekwondo, Weightlifting, Skiing, Golf, Hiking, Classical Music, Ballet

**FOREIGN LANGUAGES**

Greek

**REFERENCES**

Available upon request.